



# Physical Education Mission Statement

## Intent

Through our PE curriculum, at Ashbourne Hilltop Primary and Nursery School, we intend to equip children with the core skills and knowledge required to lead a healthy, active lifestyle, that will remain with them into adulthood. To do this, we recognise that every child must enjoy PE and feel capable of achieving within the subject. We create these positive habits for life by: delivering high-quality PE lessons, offering a range sporting opportunities and delivering a balanced curriculum, containing clear skills progression. Our Physical Education programme is underpinned by the aims of the 2014 National Curriculum for PE.

## Aims

- Develop a variety of core skills that allow children to excel in a range of physical activities, including: co-ordination, balance, agility, sportsmanship, strength, communication, flexibility and teamwork.
- Offer children a variety of sporting opportunities, in and out of school, including competitive sporting events.
- Increase physical activity and reduce sedentary behaviour throughout the school.
- Help children to make informed decisions on leading healthy, active lifestyles.
- Link PE lessons to the wider curriculum.
- Deliver PE lessons and play that supports the spiritual, moral, social and cultural (SMSC) development of our pupils.
- Ensure PE promotes the school values and growth mind-set learning behaviours.

Our long-term, two-year cycle ensures we are able to offer children a variety of sporting opportunities. Covered in alternate years, Commando Joe's and Real PE help us to develop children's core skills and help us to link PE to the wider curriculum. The skill development within these programs is very clear.

## Sport

Throughout the year, each class will cover six different sporting activities - one per half term. These alternate throughout the two-year cycle to ensure children experience a broad range of sports. Popular sports involving a number of key skills, such as tennis and gymnastics, may be covered yearly.

Our afterschool provision provides children with additional opportunities, where we are able to offer sports considered somewhat 'niche'. For example, we have provided glow-in-the-dark dodgeball and ultimate frisbee in previous years.

## Real PE and Commando Joe's

Covered in alternate years to Commando Joe's, Real PE provides children within specific opportunities to develop the core skills mentioned in the aims. On the other hand, Commando Joe's presents children with exciting opportunities to develop their teamwork and problem solving skills. The programme also allows children to learn about their topics for that term through

physical, engaging lessons.

## **Implementation**

The PE provision in each class will be monitored three times per year, spread throughout the academic calendar. This will be a collaborative effort between the PE lead, the head teacher and our designated PE governor. Observations will centre upon the aims stated within the intent. Where any shortcomings are identified, teachers will be supported through training and development within this subject.

## **Impact**

Children will be assessed against several objectives, informed largely by the aims of the national curriculum for PE on a three-times-yearly basis. We expect all of our children will meet age related expectations. Where they do not, actions will be taken to support the child(ren) underachieving.