



PSHE Mission Statement

At Hilltop Primary School, personal, social health and economic (PSHE) education is an embedded part of our broad and balanced curriculum. Pupils' spiritual, moral, social and cultural (SMSC) development is at the heart of our school ethos. British Values are promoted through the overarching aims and objectives of PSHE by supporting our children to become healthy and responsible members of society, as well as preparing them for life and work in modern Britain.

Intent

Our intention is that when children leave Hilltop Primary School, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.

Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

Implementation

EYFS

In the Foundation Stage, PSHE and Citizenship is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals.

Key Stage 1 and Key Stage 2

At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.

Pupils are taught PSHE using 'PSHE Matters' which is a spiral, progressive scheme of work, covering all of the above and 'aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'. There is a strong emphasis on emotional Literacy, building resilience and nurturing

mental and physical health. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus.

At Hilltop Primary School, in addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this we teach about different kinds of relationships, including same sex relationships, and gender identity because it is important that our children should have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain. The Sex Education aspects of PSHE are also taught through 'PSHE Matters'.

PSHE is taught through PSHE Matters with each year group studying the same unit at the same time (at their own level). At Hilltop Primary School we work on a two year long-term plan for the mixed aged classes:

Year 1

Autumn 1:	Being	Healthy
Autumn 2:	Relationships	
Spring 1:	Exploring Emotions	
Spring 2:	Difference and Diversity	
Summer 1:	Being Responsible	
Summer 2:	Bullying Matters	

Year 2

Autumn 1:	Drug Education
Autumn 2:	Growing Up (including sex education)
Spring 1:	Changes
Spring 2:	Being Me
Summer 1:	Money Matters
Summer 2:	Being Safe

It also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.

Wider Curriculum

We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school and PSHE aims and values, and we focus on Growth Mindsets in all aspects of school life.

PSHE, including SMSC and BV, is an integral part of the whole school curriculum, and is therefore often taught within another subject area.

We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We challenge all of our pupils to look for opportunities to show the school values of faith, hope and love.

Assemblies are linked to PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school.

PSHE, BV and SMSC displays throughout school reinforce the PSHE curriculum enabling children to make links.

Impact

By the time our children leave our school they will:

Be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life.

Be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society.

Appreciate difference and diversity.

Recognise and apply the British Values of Democracy, Tolerance, Mutual Respect, and Rule of law and Liberty.

Be able to understand and manage their emotions.

Be able to look after their mental health and well-being.

Be able to develop positive, healthy relationship with their peers both now and in the future.

Understand the physical aspects involved in RSE at an age appropriate level.

Have respect for themselves and others.

Have a positive self-esteem.